

Text for your intranet or newsletter

Copy the text below and add your local details where shown. Use the short version where space is limited.

Standard version

Delirium in 30: a free course for all staff caring for adults

Delirium is a sudden change in attention, alertness and thinking. It is common in people who are unwell, especially older people and people with dementia, and it is often missed when the person becomes drowsy and withdrawn rather than agitated.

Delirium in 30 is a free online course that takes about 30 minutes. It covers how to notice a new change, who to tell, how delirium is assessed, its causes, care that helps the person feel safe, prevention and recovery. You do not need to register, and it works on a phone. When you finish the assessment questions you can print a certificate.

Start at deliriumacademy.com/introduction-to-delirium

[Add your local details: for example, the date of your team teaching session, how to record completion, and who to contact with questions.]

Short version

Delirium in 30 is a free 30-minute online course on recognising and caring for people with delirium, for everyone who cares for adults. No registration is needed. Start at deliriumacademy.com/introduction-to-delirium

From Delirium Academy (deliriumacademy.com), Professor Alasdair MacLulich. Original text CC BY 4.0. You may edit this text.